

DECEMBER 2023



Photo: Saxon Hay from Aldinga Netball Club, who played as part of the Australian U23 team. **Credit:** Dean Rowe

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Inside this Edition

<i>Important Phone Numbers</i>	4
<i>From the Front Cover- Saxon Hay</i>	4
<i>How Road Footpath Update</i>	5
<i>Business and Services Listing</i>	6
<i>Aldinga Bay Surf Life Saving Club</i>	8
<i>Aquatic Centre Update</i>	10
<i>Lest we forget: Remembrance Day</i>	12
<i>Studio 20 Youth Centre</i>	14
<i>Update from the Giving Garden</i>	15
<i>Are you ready for a Summer of "safer" swimming?18</i>	
<i>Community Groups</i>	19
<i>Local Church Services</i>	22

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Membership Fees are \$5 for Concession, \$10 per Adult and \$20 per Family.

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As we get closer to our 500th edition, we are looking for volunteers to help each issue together.

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Or if being a volunteer proof-reader is something you'd like to help with, we'd love that too!

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Contact Us

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Facebook: [@AldingaBayResidentsAssociation](https://www.facebook.com/AldingaBayResidentsAssociation)

Coastal Views is proudly brought to you by the Aldinga Bay Residents Association.

A big thank you to ABRA Committee Members who helped organise articles and advertising. Without volunteer support and our advertisers, we could not continue to produce Coastal Views.

-Joshua Reiter, Editor

Important Phone Numbers

Emergency	000
Police Assistance	131 444
Aldinga Police Station	8556 6541
24 Hour Health Advice	1800 022 222
Adelaide Metro InfoLine	1300 311 108
Council After Hours	8384 0622
City of Onkaparinga	8384 0666
Crime Stoppers	1800 333 000
Domestic Violence Helpline	1800 800 098
Drug & Alcohol Info. Service	1300 13 1340
Family & Individual Counselling	8186 8900
Family Relationship Centre	8202 5200
Flinders Medical Centre	8204 5511
Gambling Helpline	1800 060 757
GP Aldinga After Hours Clinic	0410 190 291
GP Plus Aldinga	8557 9500
LifeLine	13 11 14
McLaren Vale Hospital	8323 6600
Mental Health Emergency Service	13 14 65
Noarlunga Hospital	8384 9222
Parent Helpline	1300 364 100
Poisons Info Hotline	13 11 26
Road Hazards and Incidents	1800 018 313
RSPCA SA	1300 477 722
Seniors Information Service	1800 636 368
Youth Helpline	1300 131 719



From the Front Cover- Saxon Hay

Saxon started playing netball at age 10 for the Aldinga netball club and was hooked straight away then when boys turn 13 they are classed as too old to play with the girls. When Saxon was 15 we heard about some men's state trials so Saxon trailed for the u17s boys team and was successful this was 2019

Saxon has played in a men's league in the city since 2019 and has also represented the state in 2022 and 2023.

In 2022 Saxon was lucky enough to be chosen to play for Australia in the u23s men's team in New Zealand. This was a big honour. It has just been announced that Saxon has been chosen again to represent Australia in the u23s men's netball team travelling to Singapore soon.

Saxon loves playing netball and his passion and dedication has got him to where he is today. There is 3 other south Australian boys that have made the Australian team Nathaniel Wood, Aalen Davis and Matt Fowler.

Thanks to Saxon's Mother, Robyn for providing an update on Saxon, ABRA wishes Saxon and the Australian team the best of luck in their upcoming matches.



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Judith's Walk

Sunday 25 February 2024

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Bookings are open -

Cheers, Dean

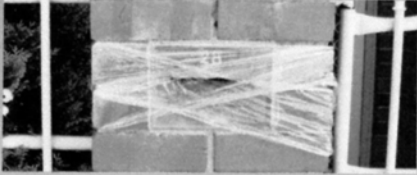
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your home, your responsibility

There are some practical steps home owners can take to help avoid becoming a victim of a house break, but there are also a number of less obvious tips police recommend you consider.



what's your number?

Ensure your street number can be clearly seen from the street – even at night. If you require an emergency service this will help them find you faster.

planning a holiday?

If away for a period of time, cancel regular deliveries and arrange for someone to collect your mail and put out and bring in your rubbish bins on collection day. Tell a trusted neighbour how long you're away so they can keep an eye on your home for you.

external security

Keeping all doors and windows locked when leaving the home is a great place to start.

BUT also consider keeping them locked when you are home, even if simply gardening. AND when locking up, remove the key and store in a safe location out of view.


CONSIDER updating security doors to triple-locking and think about installing an alarm.

Sufficient sensor lighting around your home is a great deterrent for would-be thieves targeting your property.

BUT have you considered where the switches are? Could they be easily turned off from the outside?

AND place a lock on your electricity meter so that it cannot be accessed to switch off your power.

Speaking of locks, where do you store your spare keys? A key safe or leaving keys with a trusted friend, family or neighbour may be a better option than under that pot.



street appeal

When looking at your home from the street, how much, or little, can be seen?

There are the obvious steps to take to decrease your chances of becoming a victim, such as:

- Locking doors and windows.
- Locking all gates and sheds.

BUT have you considered the less obvious hazards hiding in your landscaping?

Overgrown trees, large bushes and other plants that may provide your home with shade can double as a hiding place for an offender.

CONSIDER if you are providing tools/implements to allow someone to break into your home. Securely store all tools, ladders and other items that could be used.

AND break down packaging of larger items you have purchased and place in your outside bin. Leaving large boxes in the street is advertising you may have something worth breaking in for.

How Road Footpath Update

Update on installation of footpath on How Road (REQ2023-104727)

The construction of the new rubble footpath on the western side of How Road was purposely delayed, to avoid clashes with the new gas and NBN infrastructure currently being installed. Footpath works commenced last week (16 October), and it is anticipated that the project will be completed by the 30 November 2023.

Gas main installation not adequately backfilled on How Road (REQ2023-104737)

The section of How Road between Aldinga Beach Road and the Aldinga Green development is to be reconstructed by the developers of the land divisions, it is anticipated that work will commence within the next three months. Council is waiting on plans that will be made available to property owners along this section of How Road together with Elected Members indicating the extent of works, including traffic calming.

As this section of How Road has an existing sprayed sealed surface, and given the imminent reconstruction of the road, it was agreed with the organisation undertaking the gas work, APA Group, that the trench could be surfaced with a spray seal finish. They are responsible for maintenance of any defects that may occur in the trench and it has been swept to remove loose stone.

The new gas trench in How Road, north of Aldinga Beach Road will be reinstated with a hot mix surface.

Thanks to our South Coast Ward Councillors for this update from Council

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THE FIRST OF ITS KIND

Here's to Strength - Aldinga Community Health and Wellness Hub is a community safe space dedicated to the health and wellbeing of its community, ending the stigma around self care, invisible illness, positive body advocacy and suicide prevention. Awarded Best Health and Wellness Company in Australia within its first year, the team are dedicated to making self care easier by placing everything in one place, bridging the gap of access and starting the conversations that matter.

THE STORY AND MISSION

Founder Elise Riannen opened Here's to Strength in June 2022 with a vision to collaborate with others and create the ultimate community safe zone where "it's okay to not be okay." With her extensive lived experience surviving recurrent physical, emotional and sexual violence whilst working quite high up

in the healthcare system, Elise knew there was a better way to build a system to support someone when they feel vulnerable. Having watched both parents struggle with invisible illness as well, her mission was set in stone when she lost her mum to suicide in 2021 ultimately saying it was too hard to take care of herself. From there Elise started designing and handmaking products that supported those with chronic pain and invisible illness which led her to open the Here's to Strength hub in Aldinga, setting roots for her long term vision.

ALL DAY CAFE + MORE

Now operating as an all day cafe, small business collaborative retail store, florist/garden centre, medical/wellness hub, animal therapy emotional regulation zone and child friendly play area, the team have created a space that needs to be seen to be believed. A friendly space for all ages and disabilities, where you can literally pat a bunny rabbit, have a cup of coffee, talk to a counsellor or doctor, enjoy some shopping or gardening and just breathe. Among the many supports offered face to face, Elise and her Fiancé Braden have also developed Australia's first online Self Care Directory linking locals with a range of self care providers around



Australia from GP's to Beauty Therapists, Psychologists, Psychics, Massage Therapists, Vets and more.

In addition to the hub and the online Self Care Directory, Elise and Braden have also established a not for profit organisation, Here's to OUR Strength to support those in financial or mental health crisis, which pays for up to three appointments a year with one of their service providers as well as offers free support groups and free food to the community through local business vouchers and the operation of their community pantry onsite at the Aldinga Community Health & Wellness Hub.

A perfect space to connect with oneself or with friends and loved ones, we thank you for supporting our small family business with a vision to open 100 community health and wellness hubs around Australia.

Aldinga Bay Surf Life Saving Club

My name is Nathan Amos, I'm the Clubs President and wanted to share with our beautify community what our club is all about.

The Aldinga Bay Surf life Saving Club has been operational since 1978. The club continues to protect beach goers since that time with many rescues occurring. Our Patrolling season started on Saturday 8th of October and runs until Monday 1st of April (Easter long weekend).

Aldinga has 7 patrolling teams made up of Captain, Vice Captain, IRB (Inflatable Rescue Boat) Driver and Crew, ART (Advanced Resuscitation Techniques) member, Bronze and SRC (surf Rescue Certificate) members with around 7 to 10 members in each patrol.

As a Surf life Saving club we are all inclusive, family orientated club and have programs for everyone. We have our Nipper Program aged 5 to 12, Youth 13 to 17, Seniors 18+, Masters 40+ and our Silver Salties program for 65+ (but anyone is welcome).

Our Nipper program continues to grow with the first Nippers session this season on 21 October was a resounding success, with an incredible 97 Nippers in attendance. The bar and BBQ area saw a bustling crowd, adding to the fun and camaraderie of the day. It isn't too late to register and come down for a try, it is at the club on Saturdays from 2 to 4 pm but if you are coming for the first time please try to arrive around 130 so we can sort the paperwork out. The program sees kids from 5 to 12 participating in a number of beach and water activities which improves their fitness but awareness and safety around the water. Please contact Chris White our Junior Chair for further information juniormanager@aldingabayslsc.onmicrosoft.com

We do training for SRC and Bronze at the club so if interested in this please contact Andrew Meyer our Chief Instructor trainer@aldingabayslsc.onmicrosoft.com

Silver Salties is a participation program for older Australians (65+years) at Surf Life Saving Clubs throughout Australia, promoting physical activity, social connections, and involvement in the surf lifesaving community. Adults 18+ are welcome to participate, however, adults 65+ are the target audience. Silver Salties runs Thursday 10am at the club and weekly. We look forward to seeing you there or if you need more information contact Peter Symons 0413 316 328.

Our Club Restaurant the Silver Sands Beach Club is open to the public seven days a week for Lunch and Dinner, excluding Sunday night Dinner. Mark and Nick the owners of the Restaurant have gone strength to strength with the business starting in April 22. If you haven't been I highly recommend it!

For bookings go to <https://www.silversandsbeachclub.com.au/booking>

If you are down at the beach, please say hello to our wonderful volunteer members overseeing the beach for your safety and ensuring everyone has a great experience with us always being around to assist as required.

Nathan Amos

President

Check out some stunning pictures on the next page from the Clubs recent reonvations!



Pictured- the Club Room and Gym from the Aldinga Bay Surf Life Saving Club

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Aquatic Centre Update

The Planning Study is continuing slowly but surely, with confirmation we have the population to support a pool. But what kind of pool(s) and how big? 25 metre or 50 metre? And what about a warm water pool? And where?

One of the potential sites is the unallocated area in Aldinga Sports Park, bordering on the Renewal SA Aldinga land release site. A part of that land has now been allocated for the Main South Road duplication project, so it may not be large enough for a potential aquatic centre (see photo). Other non-Council sites are also being considered.

We anticipate recommend design(s) and possible site(s) by December 2023 with community consultation is after that.

What do you think? 25 metre or 50 metre length pool???

Would you like to hear updates about the Study and follow the campaign?

If yes, please 'like' and follow our facebook page 'Aquatic Centre Aldinga Bay Action Group', check out instagram, or email: aquaticcentrealdinga@gmail.com.

Once again, thank you to ABRA and everyone who has supported the campaign, from Tracey, Karen, and Anne.

For more information:

Inside Edge Sport and Leisure Planning -www.IESLP.com.au

Office of Recreation Sport and Racing <<https://www.or.sr.sa.gov.au/>>



Photos: Right- Wayhomestudio on Freepik

Below Right- Land acquired for Main South Road from the South Australian

Department of Infrastructure & Transport.

and below Left- Group logo.



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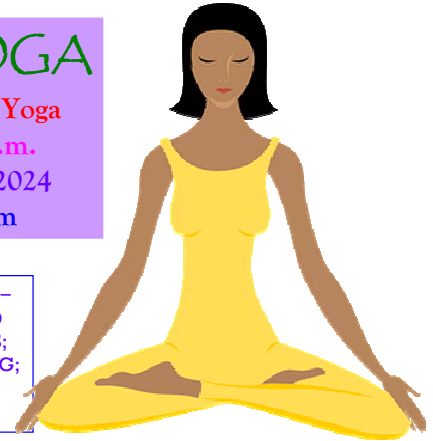
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Authorised by Rebekha Sharkie.
Unit 3, Barker Plaza, 22-28 Hutchinson St, Mount Barker, SA, 5251

Lest we forget: Remembrance Day at the new Memorial Site

With the duplication of South Road under way, the Aldinga Soldiers War Monument, previously located near St Ann's church, has been relocated to a new and attractive site on Port Road.

Originally commemorating servicemen killed in action in WW1 and WW2, it has been updated to include local returned service men and women from all conflicts, including First Nations people who served. The project was supported by members of the local community, and financially by funding from the City of Onkaparinga, South Australia's Department for Infrastructure and Transport, and the Australian Government's Department of Veteran Affairs' "Saluting their Service" fund.

At a fine but windy Remembrance Day ceremony on the 11th November, 2023, following the arrival of a catafalque party from the 10th/27th Battalion, the memorial was officially opened by Mayor Moira Were AM to a large crowd assembled at the new site.

The Rev'd Peter Chapman from St Ann's Anglican Church led a prayer and reflection:

"...We dedicate our restored memorial and this new place into your keeping. May it continue to be a sign of remembrance of those who made the ultimate sacrifice, a sign to remind us even in peace, to lay down a part of ourselves for others..."

Wreaths were laid by representatives of the three defence forces and by local community groups and schools.

In a moving ceremony the Ode of Remembrance was read by Terry Garrard and the last post played by Andy Brockenbrow on the bagpipes. Following a minute's silence the Rouse was played, the flags raised from half mast to the masthead, and the catafalque party stood down. Bagpipes accompanied the singing of the National Anthem.

As a last step in the ceremony members of the public were invited to place tributes of flowers or books on the memorial. The books will be given to local schools.

Following the ceremony those present enjoyed a barbecue organised by the Rotary Club of Seaford.



The monument in its previous site, beside South Road



MC Darren Hincks with Mayor Moira Were

Photos taken by ABRA Secretary Anne Chittleborough and the Fleurieu Sun's journalist Tom Whitebrow



Prayer and reflection led by the Rev'd Peter Chapman, from St Ann's



Wreaths laid by Wing Commander Matthew Stuckless (Air Force), Regimental Sergeant Major of the 10th/27th Battalion RSAR, W O 1 Scott Hannan (Army) and Ex-Serving Member Stuart McCallum (Navy); the catafalque party at rest-on-arms.



The monument and tributes



Terry Garrard, Darren Hincks, Andy Brockenbrow

Studio 20 Youth Centre

Studio 20 Youth Centre is located at Aldinga Beach Shopping Centre, providing a safe space, fun after-school programs, school holiday activities and events for young people aged eight-to-25.

With a strong arts focus, Studio 20 is a creative hub in the south, running a range of art workshops and programs for young people, including our own Artist in Residence program.

Some of our other popular programs include teen, tween and LGBTQIA+ youth hangouts, Dungeons and Dragons, cooking and more.

To keep up to date with our program and what's on, head to our website onkapingacity.com or call 8557 7555.

The centre also hosts a variety of rooms that are available for hire for both community and commercial purposes.

For more information, head to SpacetoCo spacetoco.com/host/studio-20-aldinga

Status Employment Services have recently joined the centre to run its Transition to Work program to support young people who are wanting to re-engage with education and employment.

Contact ttwaldinga@status.net.au for more info.

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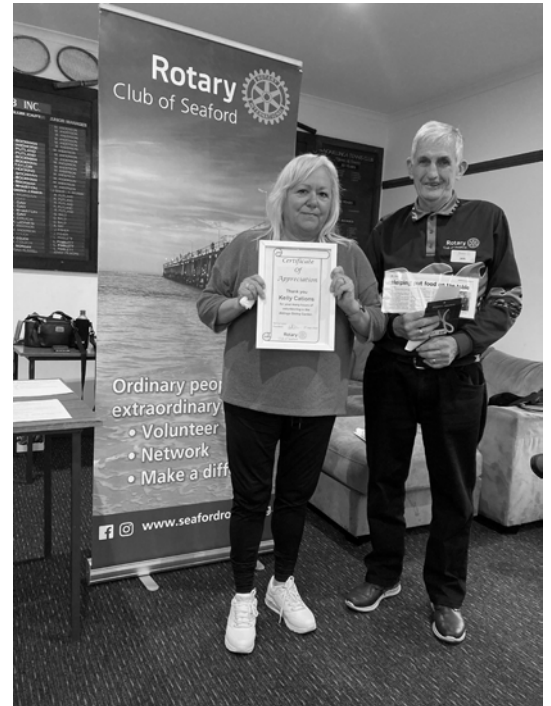


Update from the Giving Garden

Kelly Cations, a local Aldinga resident was presented with a Rotary Club of Seaford recognition award for her outstanding community service which she has provided to the Giving Garden, Ervans Street Aldinga. A credit to her dedication and hard work as over the past 12 months, Kelly has transformed the Giving Garden in reorganizing the garden beds, removing old tyres, added new plantings of vegetables, herbs and shrubs and general tidied up the area. Recently some students from the Willunga High School, and tools donated by the Rotary Club of Seaford have assisted Kelly.

The Giving Garden today is a community garden where children, families and the broader community can come together to grow, pick, eat vegetables and fruit and enjoy the environment.

The Giving Garden back in 2016 was a vacant block of land which was a dust bowl in summer and covered in weeds in winter. And an area for rubbish to accumulate. With the formation of the new Rotary Club of Seaford chartered November 2016, many hours of volunteer's time have now been given to the garden with working bees and club meetings.



The Hon Tom Koutsantonis MP



**Government
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**Minister for Infrastructure
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Minister for Energy and
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23MIT7187

Ms Moira Were AM
Mayor
City of Onkaparinga
Moira.Were@onkaparinga.sa.gov.au

Dear Mayor Were

Thank you for your letter dated 20 April 2023, about consideration for a 'swim-only' section of the waters at Aldinga Beach, adjacent to the Aldinga Aquatic Reserve. I apologise for the delay in responding to you.

The Department for Infrastructure and Transport (the Department) advises it met with members of the City of Onkaparinga (the Council) on 1 June 2023, to discuss recreational vessel safety for your constituents and powered vessel restrictions within the Aldinga Aquatic Reserve precinct.

At this meeting, the Department advised that for a proposed regulation amendment to be made to create the proposed 'swim-only' area, the Council is responsible for developing a submission to the Department outlining identified issues and concerns. Council will also need to undertake consultation to ensure the needs of all the community can be considered as part of the proposal to implement a swim-only section. This includes the need to identify and consult with all water users who would be impacted.

In the meantime, and in order to manage the issues you have raised, the Department advises that it has created a new online reporting form whereby the public, Councils and other concerned parties can report a marine safety concern if they witness inappropriate behaviour on the water (www.sa.gov.au/topics/boating-and-marine/boat-and-marine-safety/reporting-boat-incidents/safety-concern). This can be used to report unsafe speeds, unacceptable vessel usage or any other marine safety related concern. The data will support an evidence based strategic approach to reform within the Council.

The Department also advises that patrols will continue to focus on non-compliance issues relating to personal watercraft (PWC) operation throughout the state, with vessel inspections relating to safety equipment and dangerous operation a key focus. Metropolitan beaches, including Aldinga Beach, are patrolled regularly.

The Department will also support the Council reviewing the current list of Council Authorised Officers under the *Harbors and Navigation Act 1993* to assist with compliance activities and provide training and support as identified.

Council members and the Department's Marine Services staff will continue to collaborate and identify key areas and times for targeted education and compliance activities within your jurisdiction.

Yours sincerely

Hon Tom Koutsantonis MP
Minister for Infrastructure and Transport

4 / 8 / 2023

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Are you ready for a Summer of “safer” swimming?

A typical Australian lifestyle usually involves some kind of aquatic recreation, especially in Summer and especially if you live near any of our beautiful beaches and waterways or are lucky enough to have your own pool. So how do we become safer swimmers, or at least help our tiny humans to be safer in and around water?

Firstly, you can't go past supervision, because even that can fail at times. The principles of the Watch Around Water program from Lifesaving SA state that children under 5 years of age should be in arms reach at all times, children under 10 years must be accompanied by an adult and supervised at all times (no reading your phones!), and that lifeguards will remove a child from the pool if they are concerned about their safety.

Secondly, you can't go past a good water safety and learn to swim program such as that offered by Jump! Swim Schools Aldinga Beach. Jump! has lessons for babies as young as 3 months of age up to adults. During those early lessons, it's all about assisting the student to be comfortable in the water environment, learning to accept water around the head and face, understanding one's own buoyancy, and practicing routines that may one day assist in saving a life.

When we submerge a little one, they are already holding their breath on cue so their little lungs are full of air and will pop back up after a submersion, and they will not be inhaling water. We practice simulated fall-ins and returning to safety. Many times parents have reported a child being dunked by a wave or falling into a pool and they have been calm, held their breath and returned to safety, or been assisted quickly by an adult. It is when a person panics that they will gasp and take in water.

Similarly, Jump! does not use arm or back floaties in their program so that children know that when they jump or fall into water, they will actually sink and need to “do something” to return to the surface and safety.

While there is NEVER any guarantee of how safe a person will be around water, we can help everyone be SAFER and enjoy lifelong water recreation.

Call Jump! Swims Schools Aldinga Beach today for a FREE trial swimming lesson 0418182633

(Sharyn Loller is an AUSTSWIM and Swim Australia qualified teacher and assessor with 33 years experience in the industry.)



Learn to swim programs



small classes



private facilities



heated pool



kids swim experts

JUMP! Swim Schools Aldinga Beach

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or call **0418182633** and enrol today!

shop 18 Pridham Bvd Aldinga Beach SA 5173

jumpswimschools.com.au

jump!
SWIM SCHOOLS

Community Groups

Aldinga Bay Men's Group

Meetings – St Ann's Hall Stonehouse Lane, Aldinga

Every Tuesday 1:00pm – 3:00pm

Contact: John Neailey – 8556 5492

Aldinga Bay Residents Association

Community meetings and locations will be advised via an email to our members, our facebook page and *Coastal Views*.

Contact: Anne Chittleborough via email to secretary@abra.org.au

Aldinga Happy Stitchers

Join the Aust. Sewing Guild branch from 10am – 3pm each 1st & 3rd Thursdays at the Aldinga Institute, Old Coach Rd, Aldinga

Coordinator: Mandy 0422 903 257

Treasurer: 0497 051 538

Aldinga Netball Club Inc.

Enquiries to Secretary: Ellen Ling 0411 590 744

Aldinga Quilters

10am – 2pm on 2nd & 4th Tuesday of the month Aldinga Institute, Old Coach Rd, Aldinga Patchwork, quilting, friendship and fun!

President: Hazel Taylor 8556 3787

Secretary: Elizabeth Grocke 8386 1182

Aldinga Senior Citizens Club Inc

Corner Quinliven and Valiant Rds, Pt Willunga

Bridge, Pool & Snooker, Carpet Bowls, Sausage Sizzle last Wednesday of month Enquiries- 8556 5918

Aldinga and Sellicks Spinners, Knitters and Weavers

Meetings at Aldinga Institute Hall and at the Library. For details please contact:

Rosemary Dunbar 0417 823 176

Business and Tourism Aldinga

Holly Richard, Chairperson

E: chair@businesstourismaldinga.com.au

M: 0423230733

W: www.businesstourismaldinga.com.au

Coast to Vines BUG (Bicycle User Group)

Residents in the coast to vines region, passionate about active transport and advocating for shared-use infrastructure for happier, healthier and more connected communities.

www.facebook.com/groups/coast2vinesbug/

Email: c2vbug@gmail.com

Down South Craft Group

Meet Thursdays 9.30am – 11.30am

BYO craft or learn something new

Contact Wendy on 0417 895 502

Fleurieu Harmony Chorus

Male A Capella barber shop singers.

Fridays 9.15am – 12 noon at Lifecare Community Hall, Pridham Bvd, Aldinga
Contact: Gordon Tomlinson 0459 299 767

www.fleurieuharmony.org

Friends of Aldinga Scrub

Meetings held at St Ann's Hall, Stonehouse Lane, Aldinga

Secretary: Helen McSkimming 8556 3166 Working Bees: John Edmeades 0488 552 797

Friends of Port Willunga

www.friendsofportwillunga.org.au

Friends of Willunga Basin

www.fowb.net

Ladies Probus Club of the Fleurieu

10am each 4th Monday of the month-Alma Hotel, Willunga

Contact: Reggie Roe 8556 2543

Or Marg Hobby 0407 186 011

Ladies Probus Club- Southern Vales

10am each 3rd Monday of the month-Lutheran Church Hall, Aldersey St, McLaren Vale

President: Evelyn Craik 0416 324 535

Secretary: Sue Hocking 0448 783 261

LETS South

A simple bartering system using old methods of exchange and barter in the southern suburbs and Fleurieu Peninsula.

For information please contact: Margaret Beed 0417 835 884

McLaren Vale/Willunga and Districts Combined Probus Club

Meetings: 10am 2nd Tuesday of the month at St Pauls Lutheran Church, Aldersey St, McLaren Vale.

Outings/ lunch: 3rd Tuesdays of the month Rosalie Atkinson 0438 261 717

Want to be included in our Community Groups listings?

Send us an email to coastalviews@abra.org.au

Northern Fleurieu Stroke Support Group

10am – 12 noon on 2nd Tuesday of each month at Noarlunga Health Village (Teaching Room 2), Alexander Kelly Drive, Noarlunga Centre

Enquiries: Will Swart

wil.swart@outlook.com

Ochre Coast Poets

10am – 1pm, 2nd Saturday of the month at the Seaford Library, Grand Boulevard, Seaford Contact: David 8327 2459 or Tess 8556 3816

Rotary Club of McLaren Vale

Supports activities in Aldinga, Willunga, McLaren Vale and surrounding districts 6.30pm for 6.45pm start, Monday nights for dinner meetings.

For information contact President: Briony Casburn 0437 500 251

Rotary Club of Seaford

Denise Luker, President

E: denise@connectthedotscareers.com.au

W: www.connectthedotscareers.com.au

School for Dogs Aldinga Bay Inc.

All breeds welcome! 8.30am – midday Sunday mornings and Tuesday evenings (during day light saving)

Symonds Reserve, Stewart Avenue, Aldinga Bch. www.facebook.com/sfdab

Sociable Singles Inc.

Provides an opportunity for single, divorced, widowed or separated persons to attend functions for friendship and companionship.

Ring for a copy of the current 3 monthly program Enquiries to Linda 8184 8427

Southern Vales View Club

10.30am for 11am start on the 2nd Friday of the month at the Alma Hotel, Willunga.

Women of all ages welcome! Enquiries to: Linda Hooper 0425 205 725

Email: linda.hooper@adam.com.au

Southern Vales Wellbeing Group

Meets every 2nd Wednesday from 1pm to 3pm at St Margaret's Anglican Church Hall, Main Street, McLaren Vale, (during school terms only)

Guest speakers at 1.15pm

Enquiries to: Judy 0409 692 088 or Lesley 0415 818 700

Willunga Bowling Club

23 St. Peters Terrace, Willunga

www.willungabc.com.au

Social bowls every Tuesday and Saturday. Night Owls on Thursday evenings Pennant or competition bowls Thursday mornings and Saturday afternoons

Contact: Judy 0418 891 228

Willunga District Community Bus

18 Lacey Drive, Aldinga Beach

Monday to Friday

Enquiries to: 8557 7899 (office 8am – 11.30am) Or leave a message on the answering machine

Willunga Embroiderers

1st and 3rd Tuesday on the month at "The Hub", corner Main Rd and St Peters Tce, Willunga

All welcome! Embroidery, friendship and fun Contact: Wendy 8323 7475

Willunga Environment Centre

15 High Street Willunga

P: 85564188 www.willungaenviro.org.au

Hours Monday to Friday 10am-3pm

Occasional Saturdays

Willunga Farmers Market

Meet the grower – taste the region!

Every Saturday 8am – 12.30pm at Willunga High School

Contact: Richard Bennett 0407 479 459

Willunga Garden Club Inc.

7.30pm on 2nd Thursday of the month

Lutheran Church Hall, Aldersey St, McLaren Vale Guest Speakers. Visitors welcome! Contact: Chris 0419 532 545

willungagardenclubinc@gmail.com

Willunga & District Lions Club Auction

We hold an auction on the last Saturday of each month at Centenary Park, cnr. Binney and Strout Rds, Willunga.

Country market, 'Swap & Meet' and other events throughout the year www.willungalions.com.au

Willunga Quarry Market

2nd Saturday every month, 9am - 1pm at Willunga Recreation Park Oval, Aldinga Rd, Willunga.

Craft, produce, plants

www.willunquarrymarket.com

Willunga Table Tennis Club

Social games played every Wednesday, 7pm – 9pm, with supper afterwards.

Willunga Town Hall, Willunga. Cost \$5

Contact: Trevor Bradley 0413 577 304

Willunga Tennis Club

Social Competition – 6.30pm Tuesdays
Cardio Tennis – 8 – 9pm Wednesdays
Hotshots – Saturday mornings tennis for kids 5+

Bookings essential!

Contact: 0432 526 793 or

willungatennisclub@gmail.com

MENTAL HEALTH SUPPORT SERVICES:



Lifeline

ph 13 11 14

Beyond Blue

ph 1300 22 4636

Kids Helpline (ages 5yrs – 25 years old)

ph 1800 55 1800

Eheadspace

ph 1800 650 890

UMHCC (Urgent Mental Health Care Centre)

ph 08 8448 9100

Mates In Construction (MIC)

ph 1300 642 111

Suicide Call-Back

ph 1300 659 467

MensLine Australia

ph 1300 78 99 78

Open Arms, Veterans & Families Counselling

ph 1800 011 046



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Local Church Services

Aldinga Community Church

Aldinga Community Centre, 7 Stewart Ave, Aldinga Beach
Ph 0423 923 068
E: accfeca@gmail.com
Friday 9am & Sunday 10am.

Anglican

<http://www.southernvalesparish.org>
Email: westernfleuriu@tpg.com.au

Saturday

Willunga 5:30pm- St Stephen's, St Andrews Tce

Sunday

Aldinga 9:00am- St Ann's, 7 Stonehouse Lane

McLaren Vale 10:30am- 99 Main Road

Seaford Christian Churches, 97 Main Street- 10:30am

Almond Grove Family Church

32 Old Main South Road, Aldinga
Sunday's 10am Service

www.almondgrove.org.au E: infor@almondgrove.org.au

Catholic

www.willungaparish.org.au
E: admin@willungaparish.org.au
Mary of Galilee, Aldinga 5.30pm
St Joseph's, Willunga 7.30pm

Lutheran

McLaren Vale (4 Aldersey St)
Ph 0400 734 619
Sunday: 9.30am 0400 734 619

Seaford 588 Grand Blvd, Seaford SA 5169
Ph 8392 4520

Wednesday 9.00am & Sunday: 9.00am

Church of Christ

Noarlunga (151 Beach Rd)

Ph 8326 1153

Sunday 10am

Seaford (Grand Blvd & Main St)

Ph 8392 4518

Sunday 9am

Uniting Church

Aldinga (2 Old Coach Road)

Sunday 10.00am

Ph 0416 195 192

Email: tinal48@hotmail.com

McLaren Vale (257-261 Main Road)

Sunday: 10.00am

Noarlunga (23 William Road, Christies Beach)

Ph: 8384 3868

Sunday: 9.30am

Seaford (Grand Blvd & Main St)

Ph 8392 4518

Sunday 9am

Willunga 33 St Andrews Tce

Sunday 10.30am

Aldinga Community Church

Aldinga Beach 7 Stewart Ave (Aldinga Community Centre)

Ph 0423 923 068

email accfeca@gmail.com

Friday 9am & Sunday 10am.

CHRISTMAS SERVICES

ALDINGA COMMUNITY CHURCH

10am Christmas Day (Mon 24th)

ALMOND GROVE FAMILY CHURCH

9am Christmas Day (Mon 25th)

ANGLICAN CHURCH (St Ann's-beside-the-road)

9am Christmas Day (Monday 25th)

Other Christmastide services t.b.a: see website:

CATHOLIC CHURCH

Christmas Eve (Sunday 24th)

6.30pm, Mary of Galilee,

Cnr Quinliven & How Rds, Aldinga Beach

7pm St Joseph's, St Jude Street, Willunga

Midnight, St Joseph's Willunga

LUTHERAN CHURCH,

Seaford Christian Churches, 97 Main Street, Seaford

7.30pm Christmas Eve service, Saturday 24th

9 am Christmas Day

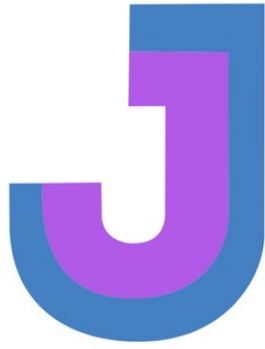
UNITING CHURCH, Aldinga

10am Christmas Eve

UNITING CHURCH, Willunga

10.30am Christmas Eve (Sunday 24th)

9.30 am Christmas Day



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Working hard for our area

Authorised by L Bignell, Parliament House, North Terrace, Adelaide SA 5000